



NEWSLETTER

MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN

Volume 3 | Jan – Mar 2023 Edition

Welcome to Volume 3

Follow us on Social Media!

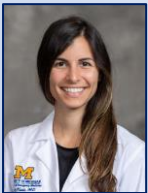


Dear U-M EM Alumni,

We hope the new year has brought a fresh start and good vibes your way! Winter is in full force here in Ann Arbor, with some crazy winter storms, but the days are getting longer and brighter! Recruitment has come to an end, and Match Day is just around the corner– we can't wait to meet our new cohort of incoming interns!

Thank you all for sharing updates about your personal and professional lives - we've gotten great feedback from the community about how much you have all enjoyed hearing about what everyone is up to across the country.

We ask that you continue to send us news, updates and opportunities that you would like us to share!



Mary Haas, MD, MHPE

Clinical Assistant Professor, Emergency Medicine
Assistant Director, Residency Program
calderom@med.umich.edu

Class: 2018

Our Instagram handle has CHANGED -
Follow us at our new account
[@umichiganemres!](https://www.instagram.com/umichiganemres)



VOLUME 3 – IN THIS ISSUE

- 2023 Alumni Award Winners
- Looking Ahead
- Alumni News
- Opportunities
- Department Awards
- Ways to Give Back
- Residency Updates

ALUMNI AWARDS WINNERS!



We are excited to announce our 2023 alumni award winners!

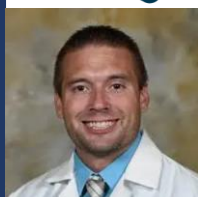
RESEARCH



Dr. Lauren Whiteside (class of 2010) | Nominated by Dr. Alison Haddock

Dr. Whiteside an Emergency Medicine physician with interdisciplinary post-graduate and fellowship training and a long-term commitment to caring for and improving the outcomes of patients with substance use disorders and substance use problems. She cares for patients in the Emergency Department at Harborview Medical Center. Patients with substance use disorders often have co-occurring mental health and medical comorbidity and the ED is a critical healthcare location for treatment and linkage to services. She has led efforts to improve the care of patients with substance use disorders in the ED including development of our take-home naloxone program and ED-initiated buprenorphine pathway and works with interdisciplinary partners on initiatives related to screening, brief intervention and transitions of care for this vulnerable population. She has partnered with Seattle King County Public Health (SKCPH) to improve the care of patients with opioid use disorder from the ED across King County. Dr. Whiteside has funding from the National Institutes of Health, Patient Centered Outcomes Research Institute and the Substance Abuse & Mental Health Services Administration.

EDUCATION



Dr. Joe Betcher (class of 2016) | Nominated by Dr. Al Majkrzak

Dr. Betcher is Assistant Residency Director and Director of Ultrasound at the Western Michigan Emergency Medicine Residency. He completed both his emergency medicine residency and ultrasound fellowship at University of Michigan. He developed and implemented an ultrasound track at Western Michigan EM and has demonstrated excellence in teaching of residents and leadership in graduate medical education.

ALUMNI AWARDS WINNERS!



2023 alumni award winners! (cont.)

SERVICE



Dr. Sara Chakel (class of 2007) | Nominated by Dr. Rob McCurdy

Dr. Chakel works at St. Mary Mercy in Livonia. She has been a strong advocate for many years in improving the wellbeing and success of her colleagues and other EM staff. She advocates on many levels, including national, state, and local. She is a role model for the concept of Servant Leader - engaged, humble, and tireless - prioritizes service to others and the greater good. Some of her roles include: 1) Member of MCEP Board of Directors 2) Member of Envision Health's National Clinical Advocacy Board 3) PEER/wellness coach for EnvisionHealth 4) Site Wellness leader at Trinity - St. Mary's in Livonia.

DEI



Dr. Martina Caldwell (class of 2014) | Nominated by Dr. Alison Kapadia and Dr. Allison Haddock

Guided by her mission to serve as a conduit between institutions and marginalized populations to disrupt transgenerational inequity, Dr. Martina Caldwell has dedicated her personal and professional pursuits to diversity, equity, inclusion, and justice (DEIJ) principles. She currently serves as the inaugural Medical Director of Diversity and Inclusion for the Henry Ford Medical Group, Director of DEI in the Henry Ford Health Department of Emergency Medicine, and Principal Investigator of the Transgenerational Social and Health Equity Research (The SHE Rises) Lab. Her research focuses on developing and implementing health equity interventions and care models in the emergency department (ED), hospital, and community using community-engaged research and mixed methods. She leads a robust community collaboration that developed and is currently piloting the Women & Person-Empowered Community Access for Reproductive Equity (WE CARE) intervention. WE CARE is a theory-based, reproductive justice-informed intervention for gender-inclusive, reproductive-aged individuals. It uses community health workers and an online health decision-support tool called MyPath to provide person-centered family planning counseling, referrals, and care navigation, with social needs screening and referrals for emergency department patients. Dr. Caldwell has also led many DEI initiatives, including an DEI Grand Rounds curriculum, ED Health Educator program, Social Emergency Medicine Film and Discussion series, and ED DEI Climate Assessment.

ALUMNI AWARDS WINNERS!



2023 alumni award winners! (cont.)

HEALTHCARE ADMIN.



Dr. Eric Wei (class of 2013) | Nominated by Dr. Keith Kocher

Dr Wei is the Senior Vice President and Chief Quality Officer for the NYC Health + Hospitals, the largest municipal health system in the US with 11 hospitals, as well as nursing facilities, community centers, and an insurance plan. Prior to that, he was the Chief Quality Officer for LA County + USC Medical Center. He completed the Healthcare Administration Scholars Program in addition to his residency at the University of Michigan.

RISING STAR



Dr. Sarah Tehranisa (class of 2017) | Nominated by Dr. Laura Hopson

Sarah Tehranisa is currently serving as the Medical Director for the University Hospitals Cleveland Medical Center Emergency Department. As a Michigan native, she received her undergraduate and medical education at the University of Michigan, where she also completed her emergency medicine residency training and served as chief resident. After graduation, Dr. Tehranisa joined UH Cleveland Medical Center EM in 2017 and has since served as Core Faculty and is an Assistant Professor at Case Western Reserve University School of Medicine. Throughout her time at UH, Dr. Tehranisa has been the leader of the department's Clinical Operations Team and was instrumental in the team's tireless efforts throughout the COVID pandemic and the ongoing system-wide efforts to improve patient flow and coordination of care throughout the 12 UH system community hospitals.

Thanks to all of you who submitted nominations.

Alumni Updates

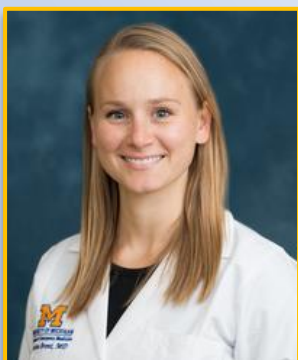


How One Doctor Heals With Fun & Games

Dr. Moneer Abdo brings his dream to life with Kidcadia!

We recently had a “playdate” with family at an awesome place called Kidcadia, designed to serve as a “sanctuary for parent and child.” I loved the beautiful decor, which included a playground that looked like a whimsical forest, as well as the cafe that offered excellent food and seating areas for adults. After leaving thoroughly impressed, I later realized that this amazing place was the actualized dream of my former co-resident, **Dr. Moneer Abdo (class of 2017)**! I remembered Dr. Abdo talking about his vision many years ago, and it was so inspiring to see it come to life. I recommend anyone with little ones to check out Kidcadia, located in Dearborn at 13939 Michigan Ave, Dearborn. Check out [this article](#) that features an interview with Dr. Abdo talking about his experience developing Kidcadia.

Dr. Tom Cunningham (class of 2017) recently took over as chief of emergency medicine at Kaiser Permanente Panorama City, putting his admin track skills to work! His wife became chief of urgent care on their campus about 6 months ago. Together they are transforming acute care operations for their med center! Also, they happen to be expecting baby boy #2 in June 2023!

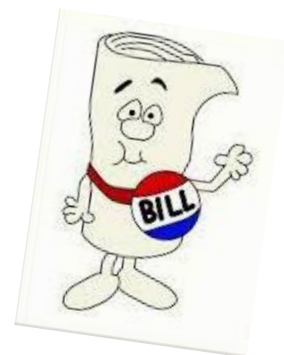


Congrats to **Dr. Tina Brent (class of 2016)** for assuming the role of inaugural Chief of the Division of Emergency Medical Services in the Department of Emergency Medicine at Michigan Medicine! She was also named to the Air Medical Physician Association board and became Vice Chair of the Air Medical Committee of NAEMSP (National Association of EMS physicians) this year as well!

Alumni Updates (cont.)



Dr. Stef Simmons (class of 2008) shares that her “internship baby” is graduating high school this year and matriculating at University of Michigan – Time flies! She also recently started as the Chief Medical Officer with the Dr. Lorna Breen Heroes Foundation which is dedicated to reducing burnout and healthcare workers and preventing clinician suicide: <https://drlornabreen.org>.



Dr. Eric Ketcham (class of 2003) recently attended a reception at the White House on Tuesday, 1/24/23. He was among a small group of honorees invited to celebrate the passage of the Mainstreaming Addiction Treatment Act (the MAT Act), a bill he contributed to getting passed by reviewing the bill content for the bill’s sponsor (Rep. Paul Tonko, NY), meeting with other advocacy groups from across the country, providing testimony to the United States Congress, and meeting and collaborating with the former United States Assistant Secretary of Health. While the reception was a celebration of four years of work, it was also a time to discuss the next steps necessary to address the opioid epidemic. There was very meaningful discussion with Ms. Anne Milgram, Administrator of the DEA, Dr. Rahul Gupta, Director of the White House Office of National Drug Control Policy (ONDCP), Dr. Miriam E. Delphin-Rittmon, Administrator of the Substance Abuse and Mental Health Services Administration (SAMHSA), Sen. Maggie Hassan (D -NH), Rep. Paul Tonko (D-NY), Brian Kane, executive director of the National Association of Attorneys General (NAAG), and leaders from multiple other advocacy groups. He has since had another conference call with national DEA D.C. office on Monday, 1/31, to further discuss the progressively worsening problem of pharmacies running out of buprenorphine, and hospitals running out of methadone. He is now very involved in this, among other advocacy projects to improve access to treatment of opioid use disorder (OUD). Thanks to Dr. Ketcham for doing this important work!

Alumni Updates (cont.)



Drs. Greg Gafni Pappas and **Dr. Mairaj Khan (class of 2021)** published a paper that they started working on in residency in AJEM: Gafni-Pappas G, Khan M. Predicting daily emergency department visits using machine learning could increase accuracy. Am J Emerg Med. 2022 Dec 21;65:5-11. doi: 10.1016/j.ajem.2022.12.019. Epub ahead of print. PMID:36574748. <https://www.sciencedirect.com/science/article/abs/pii/S073567572200>

Dr. John Burkhardt (class of 2009) assumed the new role of the Director of the Master in Health Professions Education Program at the University of Michigan!



Congrats from one LEGO fan to another!



Dr. Dominique Hill (class of 2014) recently applied to be an ABEM oral boards examiner and was just offered a 3-year position, which she gladly accepted!



Dr. Nate Haas (class of 2018) has been awarded the SAEMF grant (\$50,000) for his project “ACID – Accuracy of Continuous Glucose Monitor in DKA”

Thank you to **Dr. Florian Schmitzberger (class of 2022)** for your efforts in Ukraine.

See the full article [here](#).



Alumni Updates (cont.)



Congratulations to **Dr. J. Scott VanEpps (class of 2013)** and colleagues in the Biointerface Institute for publishing a [paper in Matter](#) featured on the [MM website](#) that demonstrates effectiveness of new antibacterial coating using natural oils on common surfaces. Scott is funded by UM MTRAC program to use these same oils to prevent ventilator associated pneumonia via a new oral mouthpiece developed in the Weil Institute.

Congratulations to **Dr. Laura Seewald (class of 2021)** who was awarded an appointment on the T32 training grant (Firearm Safety Among Children and Teens) with the Institute for Firearm Injury Prevention!



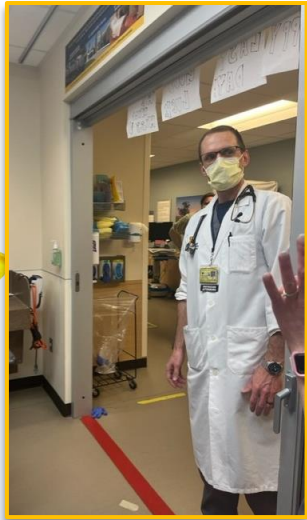
Congratulations to **Dr. Nik Theyyanni (class of 2014)** for being named Chair of the Credentials Committee for ACOS and engaging in activities focused primarily on partnering with Med Staff Services and Office of Faculty Affairs to ensure the quality and safety of those we grant privilege and permission to practice in the health system.

Dr. Adam Gottula (2nd year anesthesia EM-CC fellow) has been awarded the 2023 National Association of EMS Physicians Best Student / Resident / Fellow Research Presentation for his paper “Eligibility of Out-of-Hospital Cardiac Arrest Patients for Extracorporeal Cardiopulmonary Resuscitation in the United States: A Geographic Information System Model”.



Department & Alumni Updates (cont.)

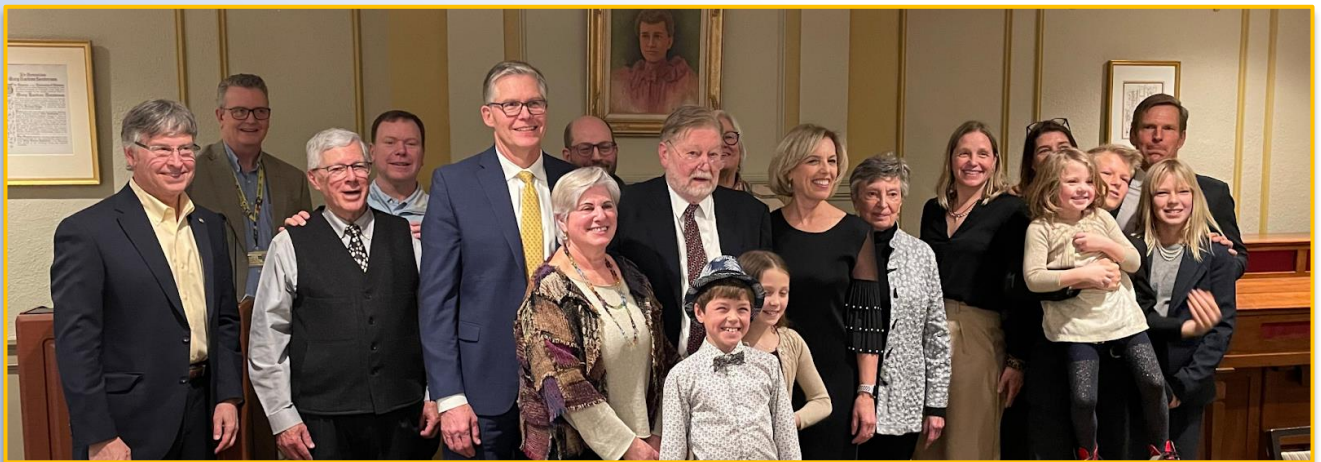
Congratulations to **Dr. Tim Peterson** (class of 2008), who took a new role as Chief Medical Officer at Henry Ford Allegiance Medical Group. We miss him dearly but are excited for him in this new chapter! We paged him to an empty resus bay to honor him with a spontaneous on-shift going away party.



Happy Retirement!

We also wish to congratulate and honor our beloved faculty members, **Drs. Jim Freer, Michele Nypaver, Elaine Pomeranz, and Jeff Desmond** in their retirement. Their presence in the department will be greatly missed! Our honorees were celebrated on February 10th, 2023, with some photos on the following page.

Happy Retirement!



Department Awards

Congrats to our current fellows and faculty (several of whom are alumni) winners of our 2022 UM Department awards!



Dr. Nate Haas (class of 2018) & **Dr. Natalie Schellpfeffer** (PEM fellowship alumna) awarded the Clinical Excellence & Professionalism Award

Dr. Eve Losman (class of 1999) awarded the Community Impact Award

Dr. Nicole Klekowski (class of 2018) awarded the Diversity Equity & Inclusion Award

Dr. Will Kropf (class of 2021) awarded the Educational Excellence Award

Dr. Carrie Harvey (critical care fellowship alumna) awarded the Humanism Award

Dr. Nik Theyyunni (class of 2014), **Dr. Rocky Oteng** (class of 2009) & **Dr. Jenna Thomas** (current medical education fellow) awarded the Special Contributions Award

Dr. Fred Korley awarded the Established Investigator - Research Excellence Award

Dr. Courtney Mangus awarded the Emerging Investigator - Research Excellence Award



Celebrating our Amazing Residents!

(and a few faculty & fellow alumni 😊)

Meet the New Chiefs!



Dr. Sam Chao



Dr. Max Spadafore



Dr. Ina Prevalska



Dr. Emily Ager

I'm **Sam**, and I grew up in a suburb of Chicago called Skokie. I was lucky enough to overlap with Emily Ager in undergrad at Carleton College although she was older, wiser, and cooler than me at the time. I went to University of Michigan for medical school (with Max!) and loved it so much that I had to stay. I'm a certified health care ethicist and a lot of my current and future work will be dedicated to being a national resource and expert in this niche within Emergency Medicine. I'm most looking forward to supporting the new intern class and being attentive to the small but meaningful changes that can be made to improve our quality-of-life as residents.

Hi! I'm **Max**! I'm from Lake Orion, MI and am a bit of a "lifer," having gone to Michigan for undergrad, med school, and now residency. I'm interested in medical education and clinical informatics and am excited to bring these passions to the chief role. This program is unique in the opportunities it offers to its residents, and I can't wait to help it grow!



My name is **Ina**, and I am excited to be one of the upcoming chiefs! I grew up in the Dallas area and attended UT Austin for undergrad (hook'em horns!) and then UT San Antonio for medical school. I am pursuing a fellowship in Anesthesia Critical Care with plans to be an EM-Intensivist. As chief, it is my goal to foster a culture of clinical excellence in the residency through didactics, scheduling, and ensuring our curriculum adapts to the shifting EM landscape. We are fortunate at Michigan to have such a wealth of resources and expertise, and I am excited to put them to work to help each resident move towards their own personal goals.

Hello! I'm **Emily**! I'm originally from Pendleton, Oregon and went to medical school at OHSU in Portland. I couldn't stand the rain or changes in elevation and am happy to now call the Midwest home. I'm interested in health services research related to reproductive health and substance use disorder, as well as wellness during residency training. I was inspired to be a chief resident by seeing the positive difference my own chiefs made on the lives of residents and our program as a whole when I was an intern. I'm honored to take the torch and continue to grow our incredible program.

Celebrating our Amazing Residents!

(and a few faculty & fellow alumni 😊)



Congratulations to resident **Dr. Emily Ager (PGY-3)** on her winning not one but two grants – the **Michigan Emergency Medicine Foundation Travel Grant** for her presentation at the **MCEP Summer Assembly**, and the **Emergency Medicine Residents' Association of Michigan Grant** to attend the **ACEP Leadership and Advocacy Conference!**

Congratulations to resident **Dr. Aaron Krumheuer (PGY-3)** who was awarded the NIDA Mentor Facilitated Training Award for the project “After the X-Waiver: Implementation of an Abbreviated Curriculum on Medication for Opioid Use Disorder (MOUD) for Emergency Medicine Residents over the past year and also got engaged to co-resident Xanthia Tucker MD (Med-Peds, Class of 2024)!

Congrats!

THE ARNOLD P.
GOLD
FOUNDATION
Gold Humanism
Honor Society

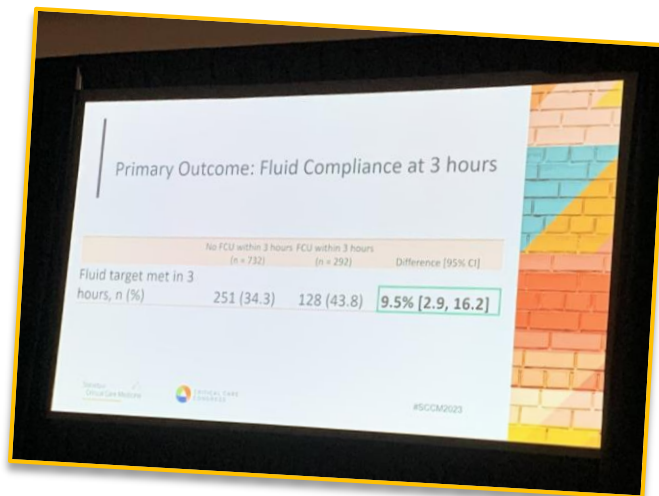
Congratulations to resident **Dr. Chino Agubosim (PGY-4)** for his induction to the University of Michigan Gold Humanism Honor Society as a resident inductee! Congratulations as well to **Dr. Florian Schmitzberger** (as a fellow inductee, residency class of 2021) and **Dr. Sarah Tomlinson** (as a faculty inductee, pediatric EM fellowship alumna)! This prestigious award reflects the commitment to service of these amazing individuals, and we are so very proud!

Congrats to **Drs. Ash Cohen (PGY-2), Nick Valentini (PGY-3), and Maia Dinsmore (PGY-1)** on having an abstract accepted to SAEM23 entitled “*Cardiac Arrest in an Underserved Community: Evaluating Causes and Laying the Groundwork for Intervention.*”



Celebrating our Amazing Residents!

(and a few faculty & fellow alumni 😊)



Dr. Ina Prevalaska (PGY3, CC & US Track Resident) has been awarded and presented her Society of Critical Care Medicine Star Research Presentation entitled “*Focused Cardiac Ultrasound is Associate with Higher SEP-1 Fluid Goal Compliance in Septic Shock*”.

Our residents continue to remain active in national leadership, with a strong EMRA presence! Congrats to **Dr. Nathan Roberts** for becoming the EMRA Research Committee Chair, **Dr. Matt Basinger** for becoming EMRA Wilderness Committee Chair, and **Dr. Carlos Enciso Lopez** for becoming EMRA Wilderness Committee Vice Chair!



Follow us on
Instagram

Celebrating our Amazing Residents!

(and a few faculty & fellow alumni 😊)



Celebrating our Amazing Residents!

(and a few faculty & fellow alumni 😊)





Celebrating our Amazing Residents! *(and a few faculty & fellow alumni 😊)*

The Show must Go on!



The Wellness Committee recently put on a dumpling night. Despite an **epic** snowstorm that resulted in losing power and running water, the show continued! A group came together to make delicious dumplings, and incoming chief resident Dr. Sam Chao even delivered them to Drs. Bassin and Shaffer on shift!

Celebrating our Amazing Residents!

(and a few faculty & fellow alumni 😊)



Celebrating our Amazing Residents! *(and a few faculty & fellow alumni 😊)*



Residents and faculty playing an intense game of Whirly Ball for House Officer Appreciation Night!



Upcoming Events

2023

ALUMNI EVENTS

CORD & SAEM

Are you going to CORD or SAEM? If so, let us know by emailing calderom@med.umich.edu. I'll add you to an alumni group chat to facilitate meeting up! We plan to have our usual department dinner at SAEM – more info to come. We look forward to seeing everyone!



OPPORTUNITIES SHARED BY ALUMNI

NYU Langone Health is hiring! If anyone is interested, they can reach out to **Dr. Mairaj Khan** (class of 2021) at Mohammad.khan@nyulangone.org who can connect you.

Dr. Jafar Mahmood (class of 2022) recently matched into a pain fellowship and notes he has been approached by quite a few emergency medicine residents and even attendings from around the country asking about pain fellowship. He would love to help anyone in the alumni network who is curious about this practice! Please reach out to him at smjmah@gmail.com.

Interested in Kaiser in Sacramento, CA (Northern California)? If so, please reach out to **Dr. David Zinn** (class of 2012) at david.zinn@gmail.com, who can also put you in touch with our many residency grads in the area!

WE WANT TO HEAR FROM YOU!

can we highlight your success?

If you would like to be featured, please email me (calderom@med.umich.edu) and we'll include a brief profile describing your current role and how you got there.

Interested in Giving Back?

...Invest in our future leaders!

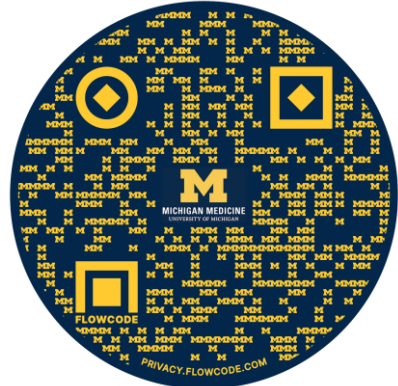


RESEARCH DEVELOPMENT GRANT PROGRAM

Provides a unique opportunity for Emergency Medicine and Pediatric Emergency Medicine residents and fellows to enhance their research capabilities through the development of skills, knowledge, and mentoring relationships. Your support will be critical for maintaining this program.

Ways to Support:

- ✓ Scan the QR Code
- ✓ Follow this [Link](#)
- ✓ Mail the form below



To learn more, please contact Mark Clark (markclar@med.umich.edu) for details on this program and other ways to support the department.

EMERGENCY MEDICINE RESEARCH DEVELOPMENT GRANT PROGRAM - 333502

Send completed form and payment to:

Michigan Medicine
Office of Development
777 E. Eisenhower Pkwy., Suite 650
Ann Arbor, MI 48108

Memo Line: **333502**

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